

Changes to the law now require all practitioners who manipulate the spine to warn patients of material risks. In extremely rare circumstances, some treatments of the neck may damage blood vessels and give rise to a stroke or stroke-like symptoms (approx. 1 in 5.85 million neck manipulations).

- Haldeman et al. Spine vol. 24-8 1999.

Whilst this has never occurred in this clinic, we are still required to warn you of this risk. If any adjustments (manipulations) are required you will be tested beforehand, as has always been our practice.

Other very slight risks include strain/injury to a ligament or disc in the neck (less than 1 in 139,000) or the low back (1 in 62,000).

- Dvorak study in Principles and Practice of Chiropractic; Haldeman 2nd Edition

Chiropractic adjustments (manipulations) of the spine are internationally recognized as being **far safer** in dealing with neck and low back pain than medication and many other alternatives.

- A Risk Assessment of Cervical Manipulation, JMPT, 1995.

- Manga Report, Ontario Ministry of Health, 1993.

If you have any questions relating to the treatment you are about to receive, please speak to your True Health Chiropractor.

I have read and understood the above information, and I give my consent to treatment.

Please print your name: _____

Signature: _____

Chiropractor's signature: _____ Date: _____